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1 μ 24-10-2014

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3:00 μ.μ. - 4:30 μ.μ.

4:30 μ.μ. - 5:00 μ.μ.

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- 1. - 20
- 2. Giannis Giakas, Charalampos Varelas, Efthimis Melidis, Kostas Crysagis, Dimitris Tsaopoulos, WISHOE
- 3. Dimitris Tsaopoulos, Dimosthenis Soulimetsis, Vasileios Sideris, Giannis Spyropoulos, Nikos Karakitsios, Giannis Giakas, KNEEROTMETER
- 4. Dimitris Tsaopoulos, Themistoklis Tsatalas, Vasileios Sideris, Giannis Spyropoulos, Yiannis Koutedakis, Giannis Giakas, BIOLEG-ROB
- 5. Themistoklis Tsatalas, Giannis Spyropoulos, Dimitris Tsaopoulos, Vasileios Sideris, Giorgos Sakkas, Yiannis Koutedakis, Giannis Giakas, _____
(RETOUR-THESSALY)
- 6. Christina Karatzaferi, Giorgos Sakkas, Athanasios Jamurtas, Ioannis Stefanidis, Yiannis Koutedakis, MUSCLEFUN

5:00 μ.μ. - 6:30 μ.μ.

1:

- 1. Antonios Stavropoulos-Kalinoglou, Charikleia Deli, Athanasios Jamurtas, EFFECTS OF A 6-MONTH EXERCISE INTERVENTION ON DISEASE CHARACTERISTICS AND MARKERS OF INFLAMMATION IN PATIENTS WITH RHEUMATOID ARTHRITIS *
- 2. Maria Misailidi, Christos I. Papakonstantinou, Manolis N. Tzatzarakis, Aristidis M. Tsatsakis, Yiannis Koutedakis, Andreas Flouris, INSTRUMENTS TO ASSESS SECONDHAND SMOKE EXPOSURE IN LARGE COHORTS OF NEVER SMOKERS: THE SMOKE SCALES *
- 3. _____

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4. Panagiotis Vitalis, Giorgos Metsios, MAXIMAL OXYGEN UPTAKE IN RHEUMATOID ARTHRITIS *
 5. Clara Rosa, Celio Daibem, Ariane Ramirez, Carla Carletti, Giovana Souza, Henrique Monteiro, EFFECT OF INTRADIALYTIC PROGRESSIVE RESISTANCE TRAINING IN PATIENTS RECEIVING HEMODIALYSIS THERAPY *

6:30 μ.μ. - 7:00 μ.μ.
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7:05 μ.μ. - 7:20 μ.μ.
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7:35 μ.μ. - 8:35 μ.μ.
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Satellite cells: To fuse or not to fuse, that is the question

. . Myburgh, Distinguished Professor in Physiology, University of Stellenbosch, South Africa

2 μ 25-10-2014

8:45 .μ. - 9:15 .μ.

9:15 .μ. - 11:00 .μ.

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2. Eirini Manthou, Kalliopi Georgakouli, Aggelos Sotiropoulos, Chariklia Deli, Dimitrios Kouretas, Yiannis Koutedakis, Athanasios Z. Jamurtas, EFFECTS OF POMEGRANATE JUICE SUPPLEMENTATION ON COMPLETE BLOOD COUNT, METABOLIC HEALTH AND INFLAMMATION MARKERS *
3. Olga Alexandros Deda, Ioannis Taitzoglou, Vassilis Mougios, Georgios Theodoridis, LIQUID-CHROMATOGRAPHY-TANDEM-MASS-SPECTROMETRY-BASED METABOLOMICS IN LIFELONG EXERCISE IN RATS *
4. Kalliopi Georgakouli, Eirini Manthou, Nikos Zourbanos, Ioannis G. Fatouros, Marios Goudas, Yiannis Koutedakis, Yannis Theodorakis, Athanasios Z. Jamurtas, THE EFFECTS OF AN 8-WEEK EXERCISE INTERVENTION ON ALCOHOL INTAKE AND HEALTH STATUS IN HEAVY DRINKERS *
5. Kalliopi Georgakouli, Eirini Manthou, Nikos Zourbanos, Antonis Hatzigeorgiadis, Marios Goudas, Yannis Theodorakis, Athanasios Z. Jamurtas, EFFECTS OF ACUTE EXERCISE ON SMOKING URGE AND HEMATOLOGICAL PARAMETERS IN SMOKERS
6. Aggeliki Karioti, Konstantina P. Poulianiti, Athanasios Z Jamurtas, Christina Karatzaferi, IMPROVING ANALYSES OUTCOMES IN POPULAR OXIDATIVE STRESS ASSAYS

11:00 .μ. - 11:30 .μ.

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- 1.1. Eirini Manthou, Kalliopi Georgakouli, Kiriaki Papaspirou, Konstantina Gourzi, Vasiliki Konstantopoulou, Antonis Apostolopoulos, Nikos Zourbanos, Marios Goudas, Andreas D. Flouris, Yannis Theodorakis, Athanasios Z. Jamurtas, EFFECTS OF AN 8-WEEK EXERCISE PROGRAMME ON SOMATOMETRIC CHARACTERISTICS AND ENERGY BALANCE OF HEAVY DRINKERS
- 1.2. Konstantina P. Poulianiti, Aggeliki Karioti, Antonia Kaltsatou, Athanasios Z. Jamurtas, Konstantinos Tepetes, Gregory Christodoulidis, Yiannis Koutedakis, Ioannis Stefanidis, Giorgos Konstantinos Sakkas, Christina Karatzaferi, SKELETAL MUSCLE AND BLOOD OXIDATIVE STRESS IN A CHRONIC KIDNEY DISEASE MODEL
- 1.3.
- 1.4. Eirini Manthou, Nikoleta Kasdagli, Evaggelos Danidis, David Jenkins, Shiraz Rafique, Konstantinos Gerasimidis, DIFFERENCES IN THE USE OF NUTRITIONAL SUPPLEMENTS BY ADULTS BETWEEN GREECE AND UK

- 1.5. Antonios Stavropoulos-Kalinoglou, Eirini Manthou, Petros Sotiriou, theofilos Kritikos, Anastasia Stampolidou, Foivos-Panagiotis Kokkinis, Spyridon Perifanos, Christina Katsianakou, Theodoros Galeas, Kaliopi Georgakouli, Athanasios Z Jamurtas, BEETROOT JUICE AND ENDOTHELIAL FUNCTION: EFFECTS OF TWO WEEKS SUPPLEMENTATION
- 1.6. Diamanda Leontsini, Ioannis G Fatouros, Alexandra Avloniti, Theodoros Stampoulis, Maria Protopapa, Sofia Karagiannopoulou, Georgios Mavropalias, Athanasios Chatzinikolaou, Antonios Kambas, THE EFFECTS OF AN 8-MONTH RHYTHMIC GYMNASTICS TRAINING PROGRAM ON BONE DENSITY OF PRE-ADOLESCENT GIRLS
- 1.7. M _____
- 1.8. _____
- 1.9. Christina Malavaki, Konstantina Poulianiti, Aggeliki Karioti, Antonia Kaltsatou, Isaak Aidonidis, Grigorios Christodoulidis, Konstantinos Tepetes, George Sakkas, Ioannis Stefanidis, Apostolia Hatziefthimiou, Christina Karatzaferi, AORTA CONTRACTILITY AND REDOX STATUS IN CARDIAC MUSCLE & BLOOD *
- 1.10. Argyro Krase, George Papadimas, Costantinos Papadopoulos, Gerasimos Terzis K FUNCTIONAL CAPACITY AND BODY COMPOSITION WITH ONGOING EXERCISE TRAINING IN LATE-ONSET POMPE DISEASE: A CASE STUDY *

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1. Andreas D. Flouris, Paul Webb, Glen P. Kenny, NON-INVASIVE ASSESSMENT OF MUSCLE TEMPERATURE DURING REST, EXERCISE, AND POST-EXERCISE RECOVERY IN DIFFERENT ENVIRONMENTS
2. Marios Hadjicharalambous, Marios Christou, LOW LEVEL OF FLEXIBILITY MAY REDUCE PHYSICAL FITNESS PERFORMANCE IN YOUNG ELITE SOCCER PLAYERS
3. Andreas Apostolidis, Marios Hadjicharalambous, THE EFFECT OF CAFFEINE ON PERFORMANCE, METABOLISM AND SUBJECTIVE EFFORT OF FATIGUE DURING A SIMULATED FOOTBALL GAME-PROTOCOL ON THE TREADMILL IN WELL-TRAINED FOOTBALL PLAYERS

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6. Chariklia K. Deli, Vassilis Paschalis, Kalliopi Georgakouli, Athanasios Zalavras, Ioannis G Fatouros, Yannis Koutedakis, Athanasios Z Jamurtas, THE EFFECT OF AGE ON EXERCISE-INDUCED MUSCLE DAMAGE

6:35 μ.μ. - 7:00 μ.μ.
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Grapeseed Extract: Are animal models and human studies comparable?

. . Myburgh, Distinguished Professor in Physiology, University of Stellenbosch, South Africa

3 μ 25-10-2014

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5. Olyvia Donti, Gregory C. Bogdanis, Maria Kritikou, Anastasia Donti, Kalliopi Theodorakou, THE RELATIVE CONTRIBUTION OF PHYSICAL FITNESS PARAMETERS ON TECHNICAL EXECUTION SCORE DEPENDS ON THE PERFORMANCE LEVEL OF YOUNG RHYTHMIC GYMNASTS

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2.1. Konstantinos Spyrou, Yiannis Koutedakis, Andreas Flouris, _____
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2.2. Christos Tsakonitis, Athanasios Chatzinikolaou, Antonios Kambas, Alexandra Avloniti, Apostolos Vantarakis, Georgios Mavropalias, Dimitrios Draganidis, Dimitrios Tsoukas, Athanasios Jamurtas, Ioannis Fatouros, INFLAMMATORY RESPONSES FOLLOWING A WHEELCHAIR BASKETBALL MATCH

2.3. _____
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2.4. Ioannis G Fatouros, Dimitrios Draganidis, Athanasios Chatzinikolaou, Alexandra Avloniti, Jose C Barbero-Alvarez, Magni Mohr, Paraskevi Malliou, Vassilis Gourgoulis, Ioannis I Douroudos, Asimena Giftofidou, Chariklia K Deli, Yiannis Koutedakis, Athanasios Z Jamurtas, RECOVERY KINETICS OF KNEE FLEXOR AND EXTENSOR STRENGTH AFTER A FOOTBALL MATCH

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- 2.6. _____

- 2.7. George Theofilidis, Antonia Kaltsatou, Antonis Stavropoulos-kalinoglou, Yiannis Koutedakis, Grigoris Bogdanis, Christina Karatzaferi, OXIDATIVE STRESS FOLLOWING RUNNING AT MAXIMAL AEROBIC SPEED: INFLUENCE OF INCLINATION
- 2.8. Georgia Mitrou, Aggeliki Karioti, Konstantina Poulianiti, Gregory Christodoulidis, Konstantinos Tepetes, Athanasios Tsiokanos, Yiannis Koutedakis, Stefanidis Ioannis, Giorgos Konstantinos Sakkas, Christina Karatzaferi, EFFECT OF ACIDOSIS ON MAXIMAL ISOMETRIC TENSION OF UREMIC PERMEABILIZED FIBRES
- 2.9. Efterpi Zachou, _____
- 2.10. Vasiliki Giaptse, Natalia Emmanolidi, Olyvia Donti, Gregory C Bogdanis, Kalliopi Theodorakou, COMPARISON OF CHANGES IN THE RANGE OF MOTION AFTER SHORT TERM TRAINING AND DETRAINING USING AN INTERMITTENT AND A CONTINUOUS STRETCHING PROTOCOL *
- 2.11. Maria Kritikou, Olyvia Donti, Gregory C. Bogdanis, Kalliopi Theodorakou, THE IMPORTANCE OF PHYSICAL FITNESS PARAMETERS FOR ARTISTIC PERFORMANCE IN YOUNG RHYTHMIC GYMNASTS *
- 2.12. _____
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- 2.13. Antonia Kaltsatou, Stefania Grigoriou, Dimitris Fotiou, Christina Karatzaferi, Giorgos K Sakkas, AUTONOMIC NERVOUS SYSTEM ACTIVITY ASSESSMENT USING PUPILLOMETRY AND HEART RATE VARIABILITY DURING INTRADIALYTIC EXERCISE TRAINING IN HEMODIALYSIS PATIENTS *
- 2.14. Danae Varveri, Nikitas Smirnios, Andreas Flouris, Christina Karatzaferi, Giorgos K Sakkas, DEVELOPING AND TESTING AN INSTRUMENT TO ASSESS AQUATICITY IN HUMANS
- 2.15. Petros C. Dinas, Panagiotis Vitalis, HUMAN PHYSICAL PERFORMANCE UNDER SIMULATED LUNAR LIGHTING CONDITIONS

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- G.S. Metsios, University of Wolverhampton, UK. Exercise and cardiovascular disease in rheumatoid arthritis
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